

Cumbria Police and Crime Commissioner Peter McCall



Lunch at
Christchurch,
Cockermouth

Welcome

Welcome to the Police and Crime Commissioner's (PCC) quarterly update which aims to highlight some of the key areas of work that has taken place this autumn.

For the latest news and police updates click [here](#), to sign up to your local 'In Focus' police newsletter.

Be Safe, Stay Safe symposium

140 young people gathered at Carlisle College in November, for the 'Be Safe, Stay Safe' symposium, to raise awareness amongst young people of sexual exploitation/abuse and other forms of criminal exploitation within the wider context of drugs and county lines.

For more information, [click here](#)



Carlisle College





Cadet Attestation

On the 15 November, Peter McCall attended the Roundthorn hotel, to welcome the latest 35 police cadets to the Constabulary's volunteer family, at their attestation evening. For more information, [click here](#)

Cumbria University Freshers Fair

The OPCC, local police officers and welfare hub volunteers, attended the Freshers Fair at the Carlisle campus of University of Cumbria, to listen to student's views on policing priorities and staying safe at night in Carlisle. More info [click here](#)



Freshers Fair

Mankind Initiative's 'Male Domestic Abuse Day'

In November, the PCC supported the launch of the ManKind Initiative charity's new 'Support for Male Victims of Domestic Abuse (DA) Day', to raise awareness of the specialist support services available to men across Cumbria. More info - [click here](#)





Anti-Racist Cumbria Summit 2022

The OPCC attended this year's summit, that delivered a full day of inspiration, conversation and practical actions.

The key role of language

"Accessibility is being able to get into the building,
Diversity is getting invited to the table,
Inclusion is having a voice at the table,
Belonging is having your voice heard,
Justice is choosing if you want to be there in the first place."

Aisha Thomas



As we sit down to enjoy our Christmas celebrations, I would ask that you take a moment to think about all our emergency services who are working hard throughout the festive period. I want to give my personal thanks to all emergency service workers in Cumbria who put their lives and health on the line to keep the public safe. We are very fortunate to have such highly professional and dedicated emergency services and we owe them a huge debt of gratitude.



ICV Conference 2022

Peter McCall thanked the Independent Custody Visitors (ICVs) for their hard work and commitment at their annual Conference on Saturday 8 October.

The volunteers make unannounced visits to custody suites to check on those who are being held in custody, inspect the facilities which include food stores, clothing options and cleanliness of the holds, and check custody records.

Presentations from the Cumbria Deaf Association on how the ICVs can interact with those who are deaf or hard of hearing whilst in custody. They also listened to talks from the Police on County Lines and the Police Dog Unit. The conference also provided the volunteers with the opportunity to meet with the PCC to discuss any issues. [Click here for more info](#)



Trauma Informed Cumbria

Peter McCall launched Safety Net's conference 'Trauma Informed Cumbria', that discussed how organisations can provide a 'trauma-informed' response to survivors of abuse (particularly sexual abuse/ rape) across a range of local services.

For more information, [click here](#)



Constabulary's trial mounted volunteers



The Constabulary's citizens in policing team launched their trial mounted volunteers recently, to support policing within Cumbria's rural communities.

The volunteers, based in Appleby, Alston and Upper Eden, all meet specific riding ability standards and hold the 'ride safe challenge' award.

PCC comments: "This is a great new initiative, as the horse riders have local understanding of the rural areas they ride around and in partnership with the police, can keep local officers updated on any problems they may come across."

Full press release – [click here](#)

Have your say out and about across the county



Ulverston Christmas market



Winter Driving & Get Safe Online
- Penrith



Keswick Christmas market



Cumbria Pride



Keswick Youth Centre

The Property Fund
making a difference in our communities

1st Kirkby Stephen Scout Group



Cumbria Deaf Association Kendal



1st Kirkby Stephen Scout Group

More information
[click here](#)